Station No.	Fire Station Location	Address
5	NE	257 N. Hillside
10	NE	2950 E. 21st St. N.
14	NE	6408 Farmview
18	NE	2808 N. Webb
1	NW	731 N. Main
3	NW	3261 N. Broadway
7	NW	2346 N. Coolidge
8	NW	661 N. Elder
13	NW	3162 W 42nd St. N.
16	NW	1632 N. Tyler
21	NW	2110 N. 135th St. W.
2	SE	1240 S. Broadway
9	SE	350 S. Edgemoor
11	SE	1845 George Washington Blvd.
15	SE	7923 E. Lincoln
19	SE	4440 S. Broadway
20	SE	2255 S. Greenwich
22	SE	2659 S. Hydraulic
4	SW	2423 W. Irving
12	SW	3443 S. Meridian
17	SW	10651 W. Maple
Post No.	EMS Post Location	Address
		Address 3002 E. Central, Wichita
No.	Location	
No.	Location NE	3002 E. Central, Wichita
No. 3 5	Location NE NE	3002 E. Central, Wichita 698 Caddy, Wichita
No. 3 5 8	NE NE NE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita
No. 3 5 8 10 12 15	NE NE NE NE NE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita
No. 3 5 8 10 12	NE NE NE NE NE NE NE NE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita
No. 3 5 8 10 12 15 45	NE N	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita
No. 3 5 8 10 12 15 45	NE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center
No. 3 5 8 10 12 15 45 1 14 4	NE N	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita
No. 3 5 8 10 12 15 45 1 14	NE N	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville
No. 3 5 8 10 12 15 45 1 14 4 6	NE SE SE SE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville 1218 S. Webb, Wichita
No. 3 5 8 10 12 15 45 1 14 4 6 9 11	NE SE SE SE SE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville 1218 S. Webb, Wichita 1401 N. Rock, Derby
No. 3 5 8 10 12 15 45 1 14 4 6 9 11 EMS Office	NE SE SE SE SE SE SE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville 1218 S. Webb, Wichita 1401 N. Rock, Derby 1015 Stillwell, Wichita
No. 3 5 8 10 12 15 45 1 14 4 6 9 11	NE SE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville 1218 S. Webb, Wichita 1401 N. Rock, Derby 1015 Stillwell, Wichita
No. 3 5 8 10 12 15 45 1 14 4 6 9 11 EMS Office	NE SE SE SE SE SE SE	3002 E. Central, Wichita 698 Caddy, Wichita 501 E. 53rd N., Wichita 636 N. St. Francis, Wichita 3320 N. Hillside, Wichita 2808 N. Webb, Wichita 616 E. 5th, Valley Center 2622 W. Central, Wichita 4030 N. Reed, Maize 1100 S. Clifton, Wichita 6401 Mabel, Haysville 1218 S. Webb, Wichita 1401 N. Rock, Derby 1015 Stillwell, Wichita

Sharing blood pressure readings with your doctor

Self-measured blood pressure can help you and your doctor manage your pressure. They can:

 Show what your blood pressure is like during normal, daily routines.



How do I get readings to my doctor?

Talk with your health care team about the best way to communicate readings. Based on your monitor and clinic services, options may included:

Phone and talk to a care team member or leave readings via voicemail.

Use the **health clinic app** to report readings.

Take a photo of your blood pressure log and send to clinic or share at next visit.

Let your device do the work. After setup, some blood

pressure monitors will send readings to your clinic.



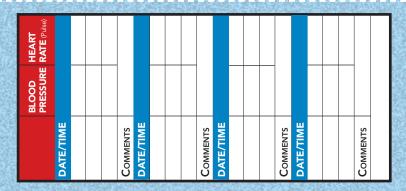
Managing high blood pressure

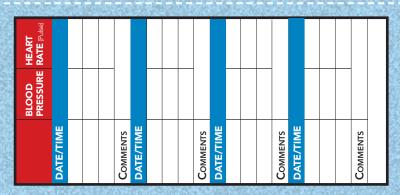


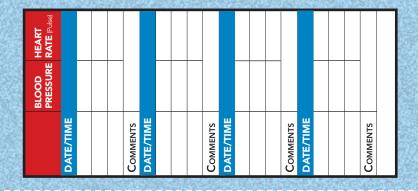
Track your pressure yourself or find a place nearby to check it for you



Tear-off Blood Pressure Logs









Check your blood pressure

High blood pressure (hypertension) is a leading risk factor for cardiovascular disease and stroke in the U.S, with nearly one-third of residents over 18 affected. One of the best ways to control high blood pressure is to regularly monitor it and provide

the information to your doctor. You can have your blood pressure checked 24 hours a day, 7 days a week, 365 days a year by a trained professional at **no charge** at any of these Wichita Fire Department or Sedgwick County EMS stations.

WICHITA FIRE DEPARTMENT STATIONS



OTHER
FIRE STATIONS
AND
EMS POSTS

Wichita Fire

STATION 17, 10651 W. Maple **STATION 21**, 2110 N. 135th St. W.

County EMS

POST 6, 6401 Mabel, Haysville

POST 7, 1535 S. 199th W., Goddard **POST 8**, 501 E. 53rd

N., Wichita **POST 11**,

1401 N. Rock, Derby POST 45, 616 E. 5th, Valley Center

SEE REVERSE FOR FULL LIST OF STATIONS, POSTS AND ADDRESSESS

Bel 14 Aire (15) 37TH 15 18 7 10 14 16 Wichita 1 10 CENTRAL CENTRAL 8 5 9 MAPLE 54 400 KELLOGG Eastborough 54 400 EMS 2 9 PK HARRY 4 4 HARR) 11 20 Wichita 2 Mid-Continent MC CONNELL MACARTHUR MACARTHUR A.F.B. 47TH 55TH

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