

Types of Diabetes Programs

Diabetes Prevention Programs: These are year-long lifestyle modification programs designed to keep people with slightly elevated blood sugars from developing diabetes. You can expect to meet with your leader and fellow classmates weekly for the first four months, then monthly for the eight months after that.



Communities with these programs shown on map; contact info below.

Diabetes Self-Management Education & Support: This education is designed to help people already diagnosed with diabetes better manage their disease through diet, physical activity, medications, and work with their health care team. You can expect to attend for several hours with a diabetes educator, sometimes spread out over days or weeks.



Communities with these services marked on map; contact info listed on reverse side.



DIABETES PREVENTION PROGRAMS



AUGUSTA

Dillons/The Kroger Co.
877-444-9689

DERBY

Derby Recreation Commission 316-788-3781
Dillons/The Kroger Co. 877-444-9689

EL DORADO

Dillons/The Kroger Co.
877-444-9689

GARDEN CITY

Genesis Family Health
620-275-5302 or 620-290-7230
St. Catherine Hospital 620-272-2157

HIAWATHA

Hiawatha Community Hospital 785-742-6308

KANSAS CITY

University of Kansas Hospital-Adult Refugee Clinic (Wyandotte County) 913-621-1504
Program open only to Nepalese refugees

MCPHERSON

McPherson Hospital
620-241-2251, Ext: 179

OLATHE

Johnson County Dept. of Health and Environment
913-477-8128 www.jocogov.org

SENECA

Nemaha Valley Community Hospital
785-336-6181, Ext. 0322

TOPEKA

Midland Care Connection
785-250-5210 (Donna Dole)

WICHITA

Dillons/The Kroger Co.
877-444-9689
Central Plains Area Agency on Aging
855-200-2372
www.cpaaa.org/health-and-wellness
Holy Family Medical Associates
316-682-9900
KU Center for Health Care
316-293-2622



DIABETES SELF-MANAGEMENT EDUCATION & SUPPORT

CHANUTE

Neosho Memorial Regional Medical Center
620-432-5367

EL DORADO

Diabetes Self-Management Education Program
Susan B. Allen Memorial Hospital, 316-322-4542

EMPORIA

Diabetes Self-Management Education Program
Newman Regional Health, 620-343-6800, Ext. 21803

HAYS

Diabetes Solutions Self-Management
Education Program, Hays Medical Center
855-429-7633

HIAWATHA

Hiawatha Community Hospital 785-742-6308

HOLTON

Diabetic Education Program
Holton Community Hospital, 785-364-9680

HUTCHINSON

Hutchinson Clinic Diabetes Education
620-694-2189

KANSAS CITY

Cray Diabetes Self-Management Center
The University of Kansas Health System
913-588-6022, option 4

LAWRENCE

Diabetes Self-Management Education Program
LMH Health, 785-505-3062

Family Medicine Associates, PA
785-830-0100, Ext 111

MANHATTAN

Ascension Via Christi Diabetes Center
Ascension Via Christi, 785-565-2937

NEWTON

Community Diabetes Outreach Services
Newton Medical Center, 316-804-6147

OLATHE

Diabetes Self-Management Education Program
Olathe Medical Center, Inc., 913-791-4382

OVERLAND PARK

Diabetes Self-Management Education
Program-Saint Luke's South
Saint Luke's Physician Group, Inc, 913-317-3197

Diabetes & Nutrition Education Department
at Overland Park Regional Medical Center
913-541-3296

PARSONS

Diabetes Self-Management Education Program
Labette Health, 620-820-5171

PHILLIPSBURG

Phillips County Health Systems
CHI Health Good Samaritan, 785-540-4913

PITTSBURG

Via Christi Hospital Pittsburg Diabetes
Self-Management Education Program
Via Christi Hospital Pittsburg, 620-235-7812

Community Health Center of Southeast Kansas
Diabetes Self Management Education Program
620-231-9873

QUINTER

Gove County Medical Center 785-443-3510

SABETHA

Sabetha Community Hospital Outpatient
Diabetes Education Program
785-284-2121, Ext. 1419
Email: lomenold@sabethahospital.com

SALINA

Salina Regional Health Center Community
Diabetes Education 785-452-7600

SENECA

Nemaha Valley Community Hospital
: 785-336-6181, Ext. 0322

SHAWNEE

Diabetes Self-Management Education Program
AdventHealth, 913-676-2548

TOPEKA

Diabetes Learning Center,
Stormont-Vail HealthCare, 785-368-0416
Diabetes Self-Management Education Program
The University of Kansas Health System St. Francis
Campus, 785-273-2731

WICHITA

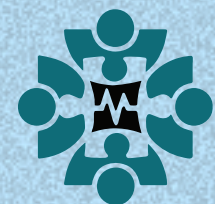
Via Christi Clinic, Diabetes Self-Management
Education Program
Via Christi Clinic, 316-274-8989

Great Plains Diabetes 316-440-2802

Central Plains Area Agency on Aging
316-660-5141 www.cpaaa.org/health-and-wellness

Diabetes Prevention & Management in Kansas

A Guide
to Finding
a Program
Near You



**Kansas Business Group
on Health**